

Sage and Tarragon Chicken Salad

This is another terrific sandwich spread to serve on top of the whole wheat herb bread.

One (10 ounce) can chicken breast

1/4 cup mayonnaise

1/3 cup finely diced celery hearts

2 teaspoons fresh sage - chopped fine

1 tablespoon fresh tarragon leaves - chopped fine

salt & pepper - optional

Drain the liquid from the can of chicken breast. Flake with a fork and add to a medium size bowl. Add the mayonnaise, celery hearts, sage and tarragon and mix well. Add salt and pepper if desired.

recipe courtesy of backyardpatch.blogspot.com